

DATE CHAPTER ✓

Week 37 Sep 15-20

1 Timothy

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

Week 38 Sep 22-27

2 Timothy

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

Week 39 Sep 29-Oct 4

Titus

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

1 John

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

Week 40 Oct 6-11

_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

2 John

_____	1	<input type="checkbox"/>
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3 John

_____	1	<input type="checkbox"/>
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Week 41 Oct 13-18

1 Peter

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

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Week 42 Oct 20-25

John

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

Week 43 Oct 27-Nov 1

_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>

Week 44 Nov 3-8

_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>

Week 45 Nov 10-15

_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>
_____	20	<input type="checkbox"/>

Week 46 Nov 17-22

_____	21	<input type="checkbox"/>
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1 Thessalonians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

Week 47 Nov 24-29

_____	5	<input type="checkbox"/>
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2 Thessalonians

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

2 Peter

_____	1	<input type="checkbox"/>
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DATE CHAPTER ✓

Week 48 Dec 1-6

_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

Jude

_____	1	<input type="checkbox"/>
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Revelation

_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

Week 49 Dec 8-13

_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>

Week 50 Dec 15-20

_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>

Week 51 Dec 22-27

_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>

Week 52 Dec 29-Jan 3

_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>
_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>

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**Navigators
Discipleship
Tool**

5x5x5

New Testament Reading Plan

Read through the New Testament in 5 days a week, 5 minutes a day.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ④ Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?



THIS TOOL IS MEANT TO BE SHARED.
Download the detailed 5x5x5 plan at navlink.org/newtestament

The Navigators

DATE	CHAPTER	✓
Week 1 Jan 6-11		
Mark		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 2 Jan 13-18		
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 3 Jan 20-25		
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 4 Jan 27-Feb 1		
_____	16	<input type="checkbox"/>
Acts		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 5 Feb 3-8		
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 6 Feb 10-15		
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 7 Feb 17-22		
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_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 8 Feb 24-Mar 1		
_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>
_____	23	<input type="checkbox"/>
_____	24	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 9 Mar 3-8		
_____	25	<input type="checkbox"/>
_____	26	<input type="checkbox"/>
_____	27	<input type="checkbox"/>
_____	28	<input type="checkbox"/>
Hebrews		
_____	1	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 10 Mar 10-15		
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 11 Mar 17-22		
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_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 12 Mar 24-29		
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
Galatians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 13 Mar 31-Apr 5		
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
James		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 14 Apr 7-12		
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
Matthew		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 15 Apr 14-19		
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 16 Apr 21-26		
_____	8	<input type="checkbox"/>
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_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 17 Apr 28-May 3		
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 18 May 5-10		
_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>
_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>

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New Testament Reading Plan

DATE	CHAPTER	✓
Week 19 May 12-17		
_____	23	<input type="checkbox"/>
_____	24	<input type="checkbox"/>
_____	25	<input type="checkbox"/>
_____	26	<input type="checkbox"/>
_____	27	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 20 May 19-24		
_____	28	<input type="checkbox"/>
Romans		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 21 May 26-31		
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_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 22 Jun 2-7		
_____	10	<input type="checkbox"/>
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_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 23 Jun 9-14		
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>

DATE	CHAPTER	✓
Ephesians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 24 Jun 16-21		
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
Philippians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 25 Jun 23-28		
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
Colossians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 26 Jun 30-Jul 5		
_____	4	<input type="checkbox"/>
Philemon		
_____	1	<input type="checkbox"/>
Luke		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 27 July 7-12		
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 28 July 14-19		
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_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 29 Jul 21-26		
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_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
_____	18	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 30 Jul 28-Aug 2		
_____	19	<input type="checkbox"/>
_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>
_____	23	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 31 Aug 4-9		
_____	24	<input type="checkbox"/>
1 Corinthians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 32 Aug 11-16		
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 33 Aug 18-23		
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
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_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 34 Aug 25-30		
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>

DATE	CHAPTER	✓
2 Corinthians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 35 Sep 1-6		
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 36 Sep 8-13		
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>